Buckeye Valley MS & HS 2018-19 Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU #1	General Tso's Chicken Brown Rice Seasoned Broccoli Carrots Egg Roll Fruit	Hamburger or Cheeseburger on WG Bun w/Dill Pickles Ketchup, Mustard or Mayo Baked Beans Potato Wedges Fruit	Taco Salad w/Lettuce, Cheese, Beef, Salsa RF Doritos RF Sour Cream Corn Goldfish Graham/Fruit	Regular or Spicy Chicken Patty on WG Bun, Cheese Ketchup, BBQ or Mayo RS Scalloped Potatoes Leaf Lettuce/Tomatoes Green Beans/Fruit	Pizza Spinach Strawberry Salad or Romaine Lettuce Salad RF Dressings Baby Carrots Fruit
MENU #2	WG Bosco Sticks Marinara Sauce Black Beans Tossed Side Salad RF Dressings Fruit	**BRUNCH FOR LUNCH** French Toast/Syrup Cup Sausage or Scrambled Eggs Hash Browns Carrot & Celery Sticks Orange Juice Cocoa Cherry Bar/Fruit	Grilled Cheese on WG White Bread RS Tomato Soup/ Crackers California Blend Vegetables Fruit	**Mashed Potato Bowl** Popcorn Chicken, Mashed Potatoes, RS Gravy, Corn WG Roll/Margarine Fruit	Pizza Romaine Lettuce Salad RF Dressings Cucumbers Fruit
MENU #3	Pepperoni Calzone OR Chicken Quesadilla Salsa, Sour Cream Green Beans Corn Cookie/Fruit	Meatball Sub w/Mozzarella Cheese OR Mexican Pizza Baked French Fries Fresh Vegetables Ketchup, RF Ranch Dressing Fruit	**Chicken Ranch Wrap** Diced Chicken on a WG Wrap w/Lettuce, Cucumbers, Cheese, Tomatoes RF Ranch Dressing Seasoned Black Beans Fruit	WG Chicken Breast on WG Bun w/Cheese OR Chicken Cordon Blue (Chicken Breast, Ham, Sauce, Mozz Cheese) w/Breadstick Ketchup, BBQ Roasted Red Potatoes/Peas Fruit	Pizza Steamed Broccoli Romaine Lettuce Salad RF Dressings Fruit
MENU #4	**Burrito Bar** Beef or Chicken, WG Wrap Lettuce, Cheese, Tomato, Salsa Brown Rice, Black Beans, Corn, Sour Cream Fruit	Regular or Spicy Chicken Tenders Ketchup, BBQ Mashed Potatoes Corn Cookie/Fruit	Hamburger or Cheeseburger on WG Bun w/Dill Pickles Ketchup, Mustard or Mayo Lettuce/Tomato Seasoned Spiral Fries Fruit	Taco Salad Beef, Cheese, Lettuce Tomatoes, Salsa, Sour Cream WG Tortilla Chips Refried Beans Carrots w/ Dressing Cookie/Fruit	Pizza Roasted Broccoli and Cauliflower w/ Parmesan and Garlic Fruit
MENU #5	Macaroni & Cheese Soft Pretzel Peas Fresh Carrots Fruit Crisp	Shredded Chicken on a WG Bun Spiral Fries Pasta Salad Ketchup Fruit	Corn Dog Baked Beans Sweet Potato Fries Ketchup, Mustard Chips Fruit	Philly Steak Sub w/ Mozzarella Cheese and Peppers and Onions On a WG Sub Bun Potato Wedges Ketchup Fruit	**Jet's Pizza** Romaine Lettuce Salad RF Dressings Fresh Vegetables Yogurt Cup Fruit

Prices

Breakfast.....$1.75
Reduced.....$.30

Lunch.....$3.00
Reduced.....$.40

Extra Milk.....$.50

BREAKFAST MENU

MON - FRI

Cereal Kit =
2 Grains and or Proteins
2 Fruits
Milk

Daily Alternatives MS & HS

- Chef Salad w/Fruit & Milk
- PB&J Uncrustable w/Veggie, Fruit & Milk
- Grab and Go Options
- Ala Carte Line

HS Only

- Baron Sub Shop: Choice of Meats, Cheeses & Veggies,WG or WW Sub Bun & WG Chips w/Hummus & Milk

www.buckeyevalley.k12.oh.us

- Choice of Milk: 1% White, Fat Free Chocolate, Strawberry and Vanilla (upon availability) is served with each meal.
- Parents are encouraged to pre-pay for meals. Visit www.buckeyevalley.k12.oh.us and click on PayForIt.net to set up your Childs lunch account.
- Reimbursable Lunches can be purchased at all serving lines. All reimbursable lunches include an entrée with a vegetable, fruit and a milk. Students must take either a fruit or vegetable to be considered a reimbursable meal.
- Free & Reduced price lunch applications are available on the school website, at the school offices or you may call the Food Service Department at 740-363-6626 Ext. 3142.
- Students will be allowed to charge their lunch if they forgot their lunch money or their account balance is low. However, it is expected to be paid the following day. There will be no charging after Spring Break.
- The last week of school, the menu will be cook's choice.

RF=Reduced Fat RS=Reduced Sodium WG=Whole Grain WW=Whole Wheat

Follow the menu with its calendar day. Each week is represented by a color and represents a 5-week cycle menu.

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AUGUST 2018

S	M	T	W	T	F	S
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19	20	21	22	23	24	25
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SEPTEMBER 2018

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OCTOBER 2018

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NOVEMBER 2018

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DECEMBER 2018

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JANUARY 2019

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FEBRUARY 2019

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MARCH 2019

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APRIL 2019

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MAY 2019

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